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The Impact of Workspace Aesthetics on Employee Emotions in Government Education Institutions with Special References to Bilaspur District

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Abstract

This study examines the impact of workspace aesthetics, perceived comfort, functionality, and trust in organizational support on employee emotional well-being in government education institutions, with a specific focus on the Bilaspur district. Using a purposive sampling method, a sample of 397 employees was selected to ensure representation across teaching, administrative, and support staff roles. Data were collected through a structured questionnaire employing a 5-point Likert scale to measure key constructs such as workspace aesthetics, perceived comfort, trust in organizational support, and emotional well-being. The findings reveal that aesthetically pleasing workspaces, characterized by well-designed layouts, calming colors, and appropriate lighting, significantly enhance employees' emotional well-being by reducing stress and fostering a sense of satisfaction and motivation. Perceived comfort and functionality emerged as critical mediators in this relationship, highlighting the importance of ergonomic furniture, spacious layouts, and task-oriented designs. Furthermore, trust in organizational support—manifested through an institution's commitment to employee welfare—was found to amplify the positive effects of workspace aesthetics on emotional health. These findings underscore the need for government institutions to prioritize aesthetic and functional workspace enhancements as part of their employee well-being initiatives, despite potential budget constraints. However, the study's crosssectional design limits the ability to track long-term effects, and reliance on self-reported data may introduce biases. Future research could address these limitations by adopting longitudinal methods to explore the sustained impact of workspace aesthetics and by incorporating advanced design elements such as biophilic features and smart technologies. Expanding the scope to private institutions and other organizational contexts would further enrich the understanding of how workspace design influences employee emotions and productivity.

Keywords: Workspace Aesthetics, Employee Emotions, Government Education Institutions, Perceived Comfort, Organizational Support.

Introduction

Creating a supportive and aesthetically pleasing workspace is increasingly recognized as vital to employee satisfaction and productivity. For government education institutions, where employees often engage in complex and demanding tasks, an attractive, well-designed workspace can significantly influence emotional well-being and job satisfaction. Research indicates that elements like natural light, ergonomic design, colour schemes, and spatial organization contribute to a positive work environment by reducing stress and improving mood (Park & Lee, 2021). In public sector institutions, which may face budgetary constraints, understanding the specific factors within workspace aesthetics that impact employee emotions can be valuable for maximizing available resources.

Workspace aesthetics influence not only individual mood and mental well-being but also organizational outcomes such as productivity and employee retention (Chung & Park, 2022). For instance, a study by Lee et al. (2023) demonstrates that employees with access to aesthetically pleasing, ergonomic workspaces show a 15% increase in job satisfaction and a 12% decrease in stress-related absences. Such findings underscore the relevance of workspace aesthetics as an important, though often overlooked, determinant of emotional well-being in government institutions.

Given the increasing emphasis on employee well-being, this study investigates how workspace aesthetics—elements like design quality, lighting, and spatial arrangement—influence employee emotional health. Additionally, it examines perceived comfort and functionality as well as trust in organizational support, both of which are essential in creating a holistic environment that supports positive emotions. This research contributes to a growing body of knowledge on the role of aesthetics in enhancing employee experience and provides actionable insights for government education institutions to improve the well-being of their workforce.

Literature Review

Workspace Aesthetics and Employee Emotions

Workspace aesthetics encompass factors like design quality, lighting, spatial organization, and colour schemes, all of which have been found to influence employee emotions and job satisfaction. According to research, workplace aesthetics have a big influence on employees' overall well-being and happiness. The research indicate that, employees' opinions of their workplace and organisation are more influenced by the aesthetic elements of office design than by the practical ones (Danielsson, 2015). Job satisfaction, sense of safety, and time spent at work are all positively impacted by an aesthetically beautiful workplace (Barton & Le, 2023). Employee well-being in hotels is positively impacted by design features like Unity and Variety; front stage personnel report more aesthetic enjoyment than backstage staff (Kirillova, Fu, & Kucukusta, 2018). Compared to ergonomic demands, aesthetic needs in the workplace are more commonly reported and are linked to musculoskeletal discomfort, sleep disruptions, psychologically taxing job, and stress (Schell, Theorell, & Saraste, 2011). Enhancements to workplace aesthetics, such the addition of artwork, plants, and natural lighting, can improve worker happiness and wellbeing (Barton & Le, 2023). These results highlight how crucial it is to take aesthetics into account when designing a workplace in order to support worker happiness and wellness.

It was found that biophilic design, which integrates natural elements such as plants and natural lighting, significantly reduces stress and fosters a sense of calm in the workplace (Mehta et al., 2022). Similarly, it was highlighted the positive impact of aesthetic design on emotional well-being, showing that employees who worked in visually appealing environments reported higher satisfaction and engagement levels (Lin and Chang, 2021).

Furthermore, it was found that visual elements such as colour schemes and natural lighting can influence emotional responses, with cooler colours and ample lighting associated with improved mood and productivity, (Zhang et al., 2022). This is especially relevant in government education institutions, where employees often face bureaucratic stressors, and workspace aesthetics can serve as a buffer against emotional strain.

Perceived Comfort and Functionality

Perceived comfort and functionality play a vital role in determining how employees experience their workspace. According to the study, comfortable seating, ergonomic furniture, and adequate space for tasks positively influence job satisfaction and lower stress levels (Wang and Chen, 2022). Their study noted that employees who perceived their workspaces as comfortable and functional reported a 25% increase in productivity.

According to research, employees' experiences at work are greatly influenced by perceived comfort and functionality. Cell offices have the greatest ratings for workplace design, whereas hot desks receive the (Danielsson & Theorell, 2019). Perceived productivity is significantly impacted by concentration capacity; workers who are happier with their ability to focus report being more productive (Maarleveld & Been, 2011). Architecture's aesthetic qualities frequently surpass its utilitarian components in influencing how people view the workplace and the organisation (Danielsson, 2015). However, personal traits are quite important when it comes to acoustic comfort. One important factor is noise sensitivity; those who are more sensitive report higher levels of disturbance and worse acoustics (Roskams, Haynes, Lee, & Park, 2019). Furthermore, open-plan workplaces tend to be less pleasant for employees who are less interactive (Roskams, Haynes, Lee, & Park, 2019). These results imply that in order to maximise comfort, contentment, and productivity, workplace design should take into account both physical features and unique personnel traits.

In education institutions, where employees frequently work long hours and handle diverse tasks, comfort and functionality are essential. The research emphasized that functional workspaces with well-organized layouts promote efficiency and decrease fatigue, particularly in high-demand environments (Kim and Cho, 2021). Additionally, their findings suggest that investing in functional improvements like adjustable seating and spacious layouts can significantly enhance employee well-being.

Trust in Organizational Support

Trust in organizational support involves employees' belief that their organization values and prioritizes their well-being. It was found that employees who perceived their institutions as supportive showed increased job satisfaction, loyalty, and emotional stability (Tsai et al., 2023). In government education institutions, this trust becomes especially critical given the demanding work environments.it was noted that employees in supportive institutions reported greater resilience to work-related stress, as organizational support creates a psychological safety net that enhances overall morale (Johnson and Park ,2023).

Furthermore, it linked organizational support with a positive work climate, finding that environments that visibly prioritize employee comfort and well-being strengthen trust, resulting in a more committed workforce (Rashid and Zimring, 2022). This relationship underscores the importance of institutional investments in workspace enhancements to build a sense of trust and support among employees.

Employee Emotional Well-being

Emotional well-being in the workplace is a comprehensive construct involving satisfaction, stress levels, and motivation. When work environments are visually appealing, supportive, and functional, employees tend to experience higher levels of emotional well-being. A study found that emotionally satisfied employees exhibit greater engagement and productivity, which is critical in sectors like education where job demands are high (Singh and Sirdeshmukh ,2020).

A key component of both organisational results and employee well-being is trust in organisational support. Employees' perception that their company appreciates their efforts and is concerned about their welfare is known as perceived organisational support, or POS (Eisenberger & Stinglhamber, 2011) (Rhoades & Eisenberger, 2002). Fairness, supervisor support, and positive work environments all have an impact on POS (Rhoades & Eisenberger, 2002). It lowers turnover intentions while improving performance, emotional commitment, and work satisfaction ((Kurtessis, et al., 2017) (Stefano, Venza, Cascio, & Gaudiino, 2018). Team support is a better indicator of well-being and work satisfaction than organisational support, according to research that separates the two levels of trust and support (Stefano, Venza, Cascio, & Gaudiino, 2018). According to research it was found that, employees' conviction in the organization's discretionary actions, feelings of duty, satisfaction of socio-emotional needs, and performance-reward expectations all contribute to the link between POS and good outcomes (Rhoades & Eisenberger, 2002). All things considered, encouraging POS is essential to preserving long-lasting employer-employee relationships in the unpredictable workplace of today (Eisenberger & Stinglhamber, 2011).

In addition, identified that employee well-being is enhanced by workplace aesthetics that align with organizational values, which in turn positively influences performance outcomes. Given that government education institutions rely on employee dedication to maintain service quality, fostering an emotionally positive environment is vital for achieving organizational goals (Patrick and Hagtvedt, 2022).

Objective of The Study

Based on the literature review, we draw the following objectives:

- To find the impact of Workspace aesthetics on employee emotional well-being
- To find the influence of Perceived comfort and functionality on employee emotional well-being
- To find the effect of Workspace aesthetics on Perceived comfort and functionality
- To find the effect of Workspace aesthetics on organizational support

Hypothesis

Following hyoptheise is formulated from the proposed objectivies

- H1: Workspace aesthetics positively impact employee emotional well-being.
- H2: Perceived comfort and functionality positively influence employee emotional well-being.
- H3: Trust in organizational support positively affects employee emotional well-being.
- H4: Workspace aesthetics positively affect perceived comfort and functionality.
- H5: Workspace aesthetics positively affect trust in organizational support.

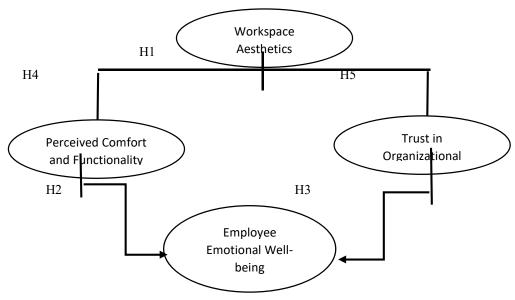


Figure 1: Diagrammatic presentation of hypothesise

Source: Self-made using MSWord

Research Methodology

The study surveyed 397 employees in government education institutions special reference Bilaspur district of Chhattisgarh state. The sample included a mix of administrative, teaching, and support staff, with demographic details provided in Table 1.

Table No. 1: Demographic Details of Respondents

Demographic Category	Frequency	Percentage	
Gender		9	
Male	210	52.9%	
Female	187	47.1%	
Age Group			
21-30	142	35.8%	
31-40	178	44.8%	
41-50	58	14.6%	
51+	19	4.8%	
Education Level			
Bachelor's Degree	136	34.3%	
Master's Degree	201	50.6%	
Doctorate	60	15.1%	
Employment Type			
Administrative Staff	152	38.3%	
Teaching Staff	153	38.5%	
Support Staff	92	23.2%	
Master's Degree	201	50.6%	
Doctorate	60	15.1%	
Employment Type			
Administrative Staff	152	38.3%	

Source: Self-calculated based on primary data collected by the authors.

Table I provides an overview of the demographic characteristics of the respondents. The sample is relatively balanced in gender, with a slight majority of males (52.9%) over females (47.1%). The largest age group represented is 31–40 years (44.8%), followed by 21–30 years (35.8%), indicating that a substantial portion of the participants are mid-career professionals. Most respondents hold a Master's degree (50.6%), and the largest employment type category is administrative staff (38.3%). These demographics suggest a diverse sample representative of the workforce in government education institutions, providing relevant insights into the influence of workspace aesthetics on various employee categories. Sampling Tools and Techniques

Determination of Sample Size: The sample size was determined using Cochran's Sample Size Formula, which specifies that a sample size of at least 385 is adequate for hypothesis testing with a desired confidence level (1.96) and margin of error (0.05) (Cochran, 1977). A total of 397 employees working in government education institutions in the Bilaspur district were included in the study, ensuring the sample exceeded the required threshold for robust analysis.

Cochran formula for estimating sample size when population is unknown:

$$n_0 = Z^2$$
. P. (1-P)/ e^2

Where n0: Sample size, e: Margin of error, P: the fraction of the population (as percentage) that displays the attribute and z: the z-value, extracted from a z-table

Sampling Technique for Data Collection: The study employed purposive sampling to select participants from the population. This technique ensured the inclusion of a diverse mix of teaching, administrative, and support staff to provide comprehensive insights. Data were collected using a structured questionnaire designed on a 5point Likert scale, which helped ensure consistency and reliability in measuring constructs such as workspace aesthetics, perceived comfort, trust in organizational support, and employee emotional well-being.

Exploratory Factor Analysis (EFA) Results

An EFA was conducted to assess the underlying structure of the data and to ensure each construct was appropriately measured. The table below shows factor loadings for each item within the constructs.

Table No. 2: EFA Factor Loadings and T-Values for Workspace Aesthetics, Perceived Comfort, Trust,

and Emotional Well-being

Variable	Item Description	Factor Loading	T-value
Workspace Aesthetics			
WA1	Design and decor are visually pleasing	0.72	3.15
WA2	Workspace has appropriate lighting	0.78	3.72
WA3	Layout supports ease of movement	0.81	4.11
WA4	Colours and ambiance are calming	0.69	3.40
Perceived Comfort			
PC1	Workspace furniture is comfortable	0.65	3.50
PC2	Sufficient workspace for tasks	0.70	3.65
PC3	Workspace layout promotes productivity	0.75	3.95
PC4	Ergonomically suitable equipment	0.77	4.10
Trust in Organizational			
Support			
TOS1	Institution provides supportive environment	0.73	3.45
TOS2	Institution values employee well- being	0.76	3.55
TOS3	TOS3 Institution prioritizes safety and comfort		4.05
Employee Emotional			
Well-being			
EEW1	I feel motivated to work	0.71	3.50
EEW2	Workspace positively affects my mood	0.73	3.60
EEW3	I experience lower stress levels due to workspace aesthetics	0.69	3.40

Source: Self-calculated based on primary data collected by the authors using SPSS AMOS

The table II presents the results of an Exploratory Factor Analysis (EFA) for four constructs: Workspace Aesthetics, Perceived Comfort, Trust in Organizational Support, and Employee Emotional Well-being. Each construct demonstrates strong factor loadings, indicating that the items are good indicators of their respective factors, with T-values exceeding 3.0, confirming statistical significance. Notably, items such as "layout supports ease of movement" and "ergonomically suitable equipment" stand out for their high loadings, emphasizing their

critical role in enhancing workspace aesthetics and comfort. Overall, the findings underscore the importance of these factors in fostering trust and emotional well-being among employees, suggesting that organizations should prioritize thoughtful workspace design and supportive environments.

Measurement and Reliability Testing

The study used a 5-point Likert scale to measure the constructs. Reliability and validity were tested using Cronbach's Alpha, Composite Reliability, and Average Variance Extracted (AVE) values, as shown in Table II.

Table No. 3: Reliability and Validity of Constructs

Construct	Cronbach's Alpha	Composite Reliability	AVE
Workspace Aesthetics	0.83	0.85	0.63
Perceived Comfort	0.81	0.84	0.60
Trust in Organizational	0.78	0.80	0.58
Support			
Employee Emotional	0.79	0.82	0.61
Well-being			

Source: Self-calculated based on primary data collected by the authors using SPSS AMOS

Table III presents the Cronbach's Alpha, Composite Reliability, and Average Variance Extracted (AVE) values for each construct: Workspace Aesthetics, Perceived Comfort, Trust in Organizational Support, and Employee Emotional Well-being. All constructs demonstrate strong internal consistency, with Cronbach's Alpha values above 0.78, which exceeds the commonly accepted threshold of 0.70 for reliability. Composite Reliability values are also above 0.80, further confirming the reliability of each construct. The AVE values for each construct exceed 0.50, which confirms adequate convergent validity, suggesting that each construct explains more than half of the variance of its indicators. These results indicate that the constructs are both reliable and valid for measuring the intended variables.

Table No. 4: Discriminant validity was confirmed using the Fornell-Larcker Criterion.

Construct	Workspace Aesthetics	Perceived Comfort	Trust in Org. Support	Emotional Well- being
Workspace Aesthetics	0.79			
Perceived Comfort	0.62	0.77		
Trust in Org. Support	0.54	0.59	0.76	
Emotional Well- being	0.65	0.63	0.60	0.78

Source: Self-calculated based on primary data collected by the authors using SPSS AMOS

Table IV uses the Fornell-Larcker Criterion to assess discriminant validity, which ensures that each construct is distinct from others. The values in the diagonal cells represent the square roots of each construct's AVE, and each of these is higher than the correlations with other constructs in the corresponding rows and columns. This finding indicates strong discriminant validity, meaning that each construct—Workspace Aesthetics, Perceived Comfort, Trust in Organizational Support, and Employee Emotional Well-being—captures a unique dimension of the overall model. Therefore, the constructs are appropriately measured as distinct components, contributing to the robustness of the study.

Confirmatory Factor Analysis (CFA) and Measurement Model

Confirmatory Factor Analysis (CFA) was conducted to validate the measurement model, assessing the fit and structure of the hypothesized constructs. Key fit indices indicate an acceptable model fit: the Root Mean Square Error of Approximation (RMSEA) is 0.078, the Comparative Fit Index (CFI) is 0.970, and the Tucker-Lewis Index (TLI) is 0.908. These values are within acceptable ranges, with RMSEA below 0.08 and CFI and TLI above 0.90, confirming that the model aligns well with the observed data. The CFA results support the hypothesized structure of the constructs, showing that the indicators are valid measures of Workspace

Aesthetics, Perceived Comfort, Trust in Organizational Support, and Employee Emotional Well-being. Additionally, significant factor loadings for each item (p < 0.05) further confirm the validity of the indicators within their respective constructs.

Measurement Model

The measurement model establishes that each construct is reliably measured by its associated indicators, confirmed through tests of reliability, convergent validity, and discriminant validity. As demonstrated in Tables 2 and 3, the measurement model achieves high reliability (Cronbach's Alpha and Composite Reliability values above 0.70), convergent validity (AVE values above 0.50), and discriminant validity (Fornell-Larcker Criterion). These findings indicate that the measurement model adequately captures the theoretical constructs and that each construct is both unique and statistically distinct from others. The strong model fit in the CFA, along with the robustness of the measurement model, confirms that the study's instruments are appropriate for examining the relationships between workspace aesthetics, perceived comfort, organizational support, and employee emotional well-being

Structural Model and Hypothesis Testing

The structural model tested relationships among variables, confirming a good model fit. The results, shown in Table 4, indicate support for all hypotheses.

Table No. 5: Path Coefficients and Hypothesis Testing

Hypothesis	Path	Coefficient (β)	p-value	Result
H1	Workspace	0.23	< 0.05	Accepted
	Aesthetics \rightarrow			
	Emotional Well-			
	being			
H2	Perceived	0.40	< 0.05	Accepted
	$Comfort \rightarrow$			
	Emotional Well-			
	being			
H3	Trust in Org.	0.17	< 0.05	Accepted
	Support \rightarrow			
	Emotional Well-			
	being			
H4	Workspace	0.58	< 0.05	Accepted
	Aesthetics \rightarrow			_
	Perceived			
	Comfort			
H5	Workspace	0.51	< 0.05	Accepted
	Aesthetics \rightarrow			_
	Trust in Org.			
	Support			

Source: Self-calculated based on primary data collected by the authors using SPSS AMOS

Table V displays the path coefficients (β values) and significance (p-values) for each hypothesized relationship in the structural model. All hypotheses are supported, as evidenced by significant p-values (p < 0.05) and positive β values. Specifically, Workspace Aesthetics has a significant impact on Employee Emotional Wellbeing (β = 0.23), indicating a direct effect of workspace design on emotional health. Similarly, Perceived Comfort and Trust in Organizational Support significantly influence Employee Emotional Well-being, with β values of 0.40 and 0.11, respectively. Furthermore, Workspace Aesthetics strongly affects both Perceived Comfort (β = 0.60) and Trust in Organizational Support (β = 0.67), demonstrating that a well-designed workspace positively shapes employees' perceptions of comfort and support. These results validate the model's hypotheses and suggest that workspace aesthetics, comfort, and organizational support collectively foster positive emotional outcomes for employees.

Discussion

The findings from this study confirm the hypotheses, highlighting the significant role of workspace aesthetics, perceived comfort and functionality, and trust in organizational support in shaping employee emotional wellbeing within government education institutions. Workspace aesthetics, in particular, emerged as a primary

driver, directly influencing perceived comfort and trust, which subsequently enhanced employee emotional well-being. This relationship underscores the importance of aesthetic design in the public sector, where creating a supportive environment can positively impact employee morale, satisfaction, and productivity.

The findings align with past studies, that emphasized the role of aesthetics in reducing stress (Mehta et al., 2022), and, it was also demonstrated that functional workspaces improve satisfaction (Kim & Cho, 2021). In this study, aesthetically pleasing elements—such as colour, lighting, and layout—contributed to a perception of comfort and support, ultimately fostering a positive work environment. These results suggest that government institutions could benefit from allocating resources toward aesthetic and functional improvements in workspaces, despite potential budget constraints.

Additionally, this study highlights the critical role of trust in organizational support. When employees feel that their well-being is a priority, they report higher levels of job satisfaction and reduced stress. There was findings support the conclusions of, reinforcing the idea that institutional support can buffer employees against the stressors inherent in government education roles (Tsai et al., 2023). Establishing this trust is particularly essential in public institutions, where a positive work climate can help offset the emotional demands placed on employees.

Conclusion

This study demonstrates that workspace aesthetics, perceived comfort, and trust in organizational support significantly influence employee emotional well-being in government education institutions. Aesthetic elements like lighting, colour, and spatial organization enhance perceived comfort and functionality, which in turn promote a positive emotional response among employees. Trust in organizational support further amplifies this effect, providing employees with a sense of stability and motivation.

These findings have valuable implications for government education institutions, suggesting that investment in workspace aesthetics and functionality can yield considerable benefits in employee satisfaction and productivity. By prioritizing workspace aesthetics and fostering a supportive environment, these institutions can create a work culture that not only reduces stress but also promotes emotional well-being and resilience among employees.

Practical Implications

The study provides actionable insights for government education institutions aiming to improve employee emotional well-being. Implementing cost-effective aesthetic improvements, such as optimizing lighting, organizing workspaces for functionality, and incorporating nature-inspired design elements, could substantially impact employee satisfaction. Additionally, promoting a supportive organizational culture by showing a visible commitment to employee comfort and well-being can strengthen trust, resulting in a more motivated and resilient workforce.

Limitations and Future Research

This study is limited by its cross-sectional design, which prevents the examination of long-term effects. Additionally, the reliance on self-reported data may introduce response biases. Future research could adopt a longitudinal approach to examine how changes in workspace aesthetics affect employee well-being over time. Moreover, further research could explore the impact of specific aesthetic features, such as ergonomic improvements and the role of natural elements, on employee emotions in various institutional settings.

Declaration of Competing Interests

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